



## WBAMC OB Clinic Sick Call

OB Sick Call is on a Walk-In basis for all of our **PREGNANT** patients (soldiers and family members). It is for acute issues/concerns/illnesses you feel need to be attended to urgently or before your next scheduled appointment.

- Sick Call hours are Monday-Friday from 0730-0930. Closed weekends, holidays and training holidays. The average wait time is dependent upon the number of patients checked in before 0930 and the severity of the concern.
- *Please be aware that just as in an Emergency Room setting, patients are triaged first by the Registered Nurse and then by a healthcare provider (if deemed necessary) in order of the severity of the concern.*

### After Hours:

If you are less than 20 weeks pregnant, seek medical care in the Emergency Department. If you are greater than 20 weeks pregnant, seek medical care in the Labor & Delivery Department on the 4<sup>th</sup> floor; (915) 742-2455.

### Typical problems cared for in the OB Sick Call Clinic are:



- ✓ Vaginal bleeding that could indicate miscarriage
- ✓ Repeated vomiting or diarrhea for greater than 24 hours
- ✓ Burning with urination
- ✓ Cramping/pain in the abdomen or pelvis that does not go away or increases
- ✓ Fever greater than 100.5F

### Go directly to Labor & Delivery (after 20 weeks pregnant) for the following concerns:

- Heavy vaginal bleeding
- Severe abdominal pain
- Contractions more than 4-6 times in 1 hour if less than 36 weeks
- Decreased or absent fetal movements after 24 weeks
- Falls
- Minor car accidents (fender benders). For example, accidents where the Air Bag did NOT deploy
- Severe headaches with visual changes

### Go directly to the Emergency Department (plus if under 20 weeks or when OB Sick Call is closed)

- Major car accident
- Broken limbs (bones)
- Chest pain
- Difficulty breathing
- Non-Obstetrical emergency

