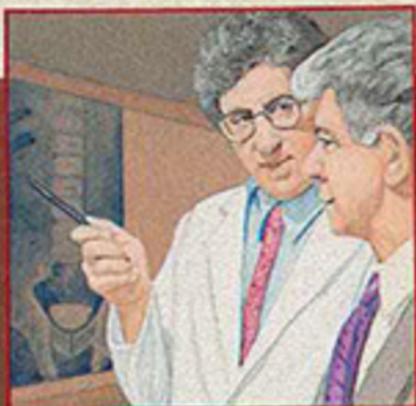


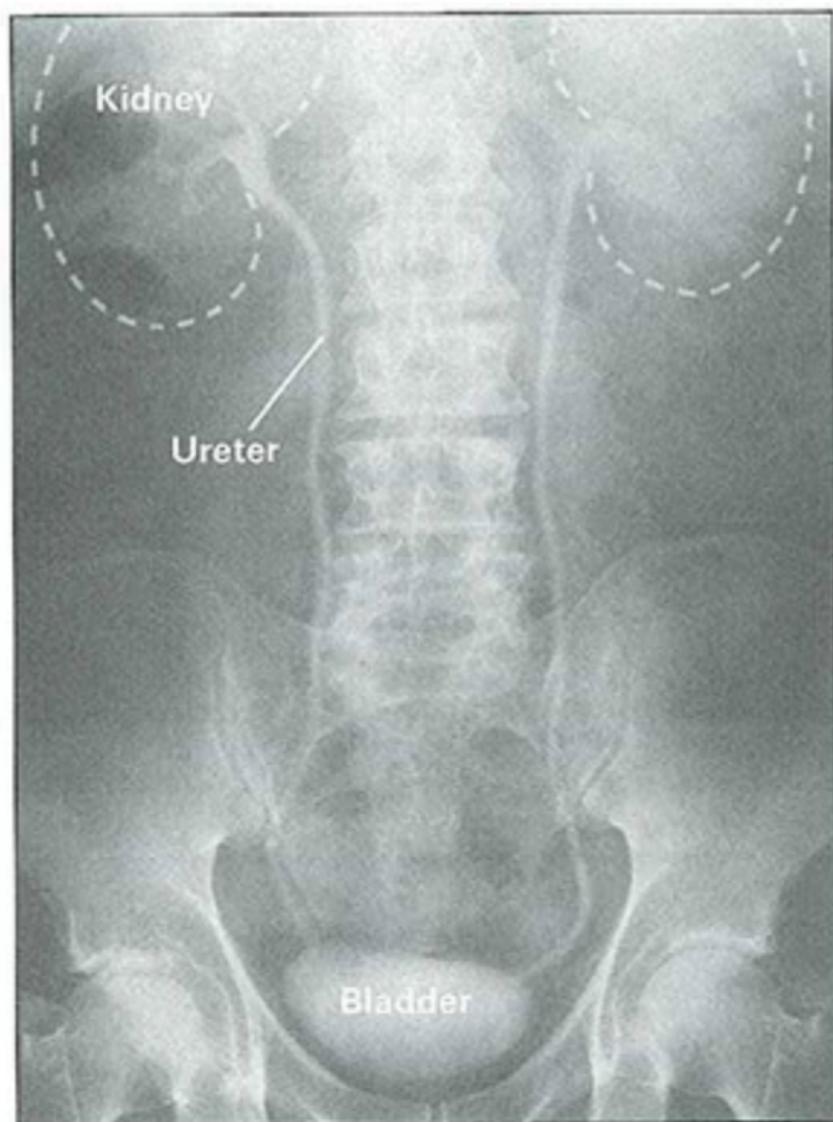
# INTRAVENOUS PYELOGRAM (IVP)



A Detailed Look at  
Your Urinary Tract

## WHAT IS AN INTRAVENOUS PYELOGRAM?

An intravenous pyelogram (IVP) is an x-ray exam of your urinary tract (kidneys, ureters, and bladder). This test can help find stones or other problems with your urinary tract. There's a small amount of radiation with an IVP. But the benefits of this test far outweigh any risks.



X-ray showing the urinary tract (kidneys, ureters, and bladder)

# TEST TIPS

- Follow any diet instructions you were given to prepare for the test.
- Use a laxative if instructed to do so.
- Be prepared to provide information about your overall health and any allergies you have.

## NOTES:

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### *My Appointment:*

*Date* \_\_\_\_\_

*Time* \_\_\_\_\_

*Place* \_\_\_\_\_

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## BEFORE YOUR TEST

The success of an IVP depends on you. You'll receive instructions to follow on what to eat and drink before the test. You may be asked to take a laxative the night before your IVP. Prepare for your test carefully. It may need to be canceled if you don't. An IVP takes about an hour. But you'll need extra time to check in.



### LET THE TECHNOLOGIST KNOW

For your safety, the technologist needs to know about any of the following:

- Allergies
- Previous kidney or bladder problems
- Diabetes medication you take
- Any previous surgery
- You're pregnant or think you may be

## DURING YOUR TEST

You will be given an intravenous (IV) injection of **contrast** (a substance that enhances x-ray images). It may make you feel warm or give you a strange taste in your mouth. This will pass soon. You'll be asked to move from side to side and then hold still as the x-rays are taken. Pressure also may be applied to your belly. This helps get the best images. You may be asked to empty your bladder before the final x-ray. Once the test is done, you may need to wait a few minutes to make sure the images are readable.



### FOR YOUR COMFORT

- Remain as relaxed as you can during the test.
- By focusing on the technologist's instructions, you can help speed up the test.

## AFTER YOUR TEST

You can get back to your normal diet and activities right away. The contrast will pass naturally through your body within a day. Your doctor will let you know when the results are in.

