

Pocket ECG Patient Instructions

Your physician has prescribed a Pocket ECG to monitor your heart rhythm.

1. TO BEGIN YOUR MONITORING SESSION:

- As soon as your monitor is delivered, hook up the monitor by following the instructions on the inside cover of the Pocket ECG box. After hooking up your monitor, please call the monitoring center to begin your session.
- The monitoring center is open 24 hours a day, 7 days a week to assist you with any questions.
- **IMPORTANT:** Always call the monitoring center to **REPORT SYMPTOMS**.

1-855-847-1009

2. TO END YOUR MONITORING SESSION and RETURN EQUIPMENT:

- Return the Pocket ECG monitor immediately after your session ends. If not returned, you will be billed \$2,000 to cover the cost of the Pocket ECG equipment.
- Be sure to remove the battery from the monitor.
- Place all components and supplies in the box and place in the white *pre-paid* envelope provided.
- **To Mail:** Give the package to your United States Postal Service (USPS) letter carrier or drop off package at any post office.

MEDICINA
cardiac monitoring

Important DAILY Patient Reminders

Step 1: Change the monitor battery before going to bed

Step 2: Remove depleted battery from the monitor

Step 3: Insert a charged battery into the monitor

Step 4: Place depleted battery in the charger

Step 5: Place new electrodes to clean skin every day (No oils or lotions)

Call the Patient Monitoring Center for assistance 24 hours a day

1-855-847-1009

***If you hear BEEPING from your Pocket ECG Equipment**

- Make sure the monitor battery is fully charged