

PEDIATRIC HEALTH IMPROVEMENT CLASS

Focus on Healthy Weight Management,
Active Lifestyle and Motivation for Children

2nd Tuesday of the Month @ 16:00
Mendoza Pediatric Clinic

**Learn how to help your child be
more active, eat better and grow up healthy**



Presented by: Nutrition,
Behavioral Health,
Physical Therapy and Nursing



To enroll in a class ask your provider or call 915-742-1205